

During enrollment, make sure you pick a plan that offers the options you want and makes getting coverage easy. Here's just a quick look at why UnitedHealthcare has been a top choice for State of Maryland employees since 1983.



Large network. With UnitedHealthcare, you're covered at over 1.8 million providers and over 5,600 hospitals nationwide.*



Convenient ways to get care. Renew your eyewear prescription virtually with Express Exam, see a provider from the comfort of home with 24/7 Virtual Visits or call a nurse anytime, 24/7.



No referrals needed. See a specialist whenever you'd like without having to get a referral.



Rewards for healthy actions. Complete healthy activities to earn \$0 copays on primary care provider (PCP) visits, behavioral health visits and 24/7 Virtual Visits. Plus get up to a \$10 discount on specialist copays.



Resources for a healthy lifestyle. Get help losing weight with Real Appeal®, or sign up for a One Pass Select® membership to access thousands of gyms nationwide, digital workouts, and free delivery of groceries and other household essentials.**



Well-being tools. Get help on your path to a happier, healthier you with the Calm Health app, or enroll in a program for help managing a health condition.



24/7 local customer advocate team. From understanding your claims to estimating costs ahead of time, we make it easier with a team in Maryland that understands Maryland culture and resources.



Choose UnitedHealthcare during enrollment

Learn more at whyuhc.com/stateofmaryland or call 1-800-382-7513.





^{*}As of June 2025.