



Health Benefits

Together, we are working toward a
healthier community.

STATE OF MARYLAND EMPLOYEES



MAKE THE BEST CHOICE FOR A HEALTHY TOMORROW

As a Kaiser Permanente member, you'll experience personalized, convenient care. Read on to learn more:

High-quality, convenient care

- **Choose your doctor—and change anytime**—from **1,800+ physicians**, including hundreds recognized in local publications as Top Doctors;¹ plus we're the only 5-star commercial health plan in the region²
- **Do more in one trip**—our **35+ medical facilities** in Maryland, Virginia, and Washington, DC, offer doctors, pharmacy, lab, and X-ray in the same location
- **Care your way**—**in person, by phone or email, or via video or chat.**³ With so many options, we're always here to help keep you healthy
- **Wellness resources**—**to guide you in achieving physical and emotional well-being**

Affordable, top-rated care

- Highest-rated plan in the region²
- No deductibles to meet
- Easy-to-budget \$0 to low copays
- 24/7 virtual care nationwide for \$0 copay³
- Expanded urgent and emergency care coast to coast



Scan the QR code to
explore your microsite

Want to learn more? Call Member Services, 7 days a week, 7 a.m. to 11 p.m., at **855-839-5763 (TTY 711).**

Your 2026 benefits at a glance

Active employees	Your Kaiser Permanente plan
Outpatient services (per visit or procedure)	
Preventive care	\$0
Primary care office visit	\$15
Specialty care office visit	\$15
Prescription drugs (up to a 30-day supply at plan medical center pharmacies, or up to a 90-day supply for 2 copays—mail order) ⁴	
Prescription drug coverage	Not covered under medical plan
Hospital and facility (per admission)	
Outpatient surgery (per visit) ⁵	\$0
Inpatient hospital care (per admission) ⁵	\$0
Maternity	
Routine prenatal care visit, first postpartum visit	\$0
Inpatient delivery (per admission)	\$0
Emergency and urgent care (per visit or trip)	
Emergency care ⁶	\$150
Urgent care ⁶	\$15
Most lab tests / X-rays	\$0

Notes:

For more information on rates and benefits, visit dbm.maryland.gov/benefits.

This is a summary of the features of the Kaiser Permanente plan. For more information, read your Kaiser Permanente Summary of Benefits and Coverage. All benefits are subject to the definitions, limitations, and exclusions set forth in the *Evidence of Coverage*.

¹ Permanente physicians are recognized as Top Doctors in *Arlington Magazine* (2025), *Bethesda* magazine (2025), *Northern Virginia Magazine* (2025), *Washingtonian* magazine (2024), and *Baltimore* magazine (2024).

² In the NCQA Commercial Health Plan Ratings 2024, our commercial plan is rated 5 out of 5, the highest rating in the region.

³ When appropriate and available. If you travel out of state, phone appointments and video visits may not be available in select states due to licensing laws. Laws differ by state.

⁴ Up to a 30-day supply; Up to a 90-day supply for 3 copays at plan and participating pharmacies; Up to a 90-day supply for 2 copays through Mail Order Pharmacy. For more information about prescription drugs and other common medical events, including exclusions and limitations, read your Summary of Benefits and Coverage (SBC). Plan providers determine the drug that is medically necessary. If you request another drug, you pay prices charged to members for non-covered drugs. Certain medications are eligible for Mail Order Pharmacy. Mail Order Pharmacy can deliver to addresses in MD, VA, DC, and certain locations outside the service area.

⁵ There is no charge after the office visit, outpatient, or inpatient hospital copayment is made.

⁶ Per visit or trip as an outpatient at a hospital, when you receive care at a Kaiser Permanente facility. Out-of-network urgent care available when out of service area.

Kaiser Permanente medical facilities (with premier hospitals)

Maryland

- 1 Abingdon Medical Center
- 2 Annapolis Medical Center
- 3 **FUTURE LOCATION**
Medical Center in Aspen Hill
- 4 Kaiser Permanente Baltimore Harbor Medical Center
- 5 Bowie Fairwood Medical Center
- 6 Camp Springs Medical Center
- 7 Columbia Gateway Medical Center
- 8 Kaiser Permanente Frederick Medical Center
- 9 Gaithersburg Medical Center
- 10 Kensington Medical Center
- 11 Largo Medical Center
- 12 Lutherville-Timonium Medical Center
- 13 Marlow Heights Medical Center
- 14 North Arundel Medical Center
- 15 Shady Grove Medical Center
- 16 Silver Spring Medical Center
- 17 South Baltimore County Medical Center
- 18 **FUTURE LOCATION**
Southern Maryland Medical Center
- 19  Friendship Heights
by KAISER PERMANENTE.
- 20 West Hyattsville Medical Center
- 21 White Marsh Medical Center
- 22 Woodlawn Medical Center

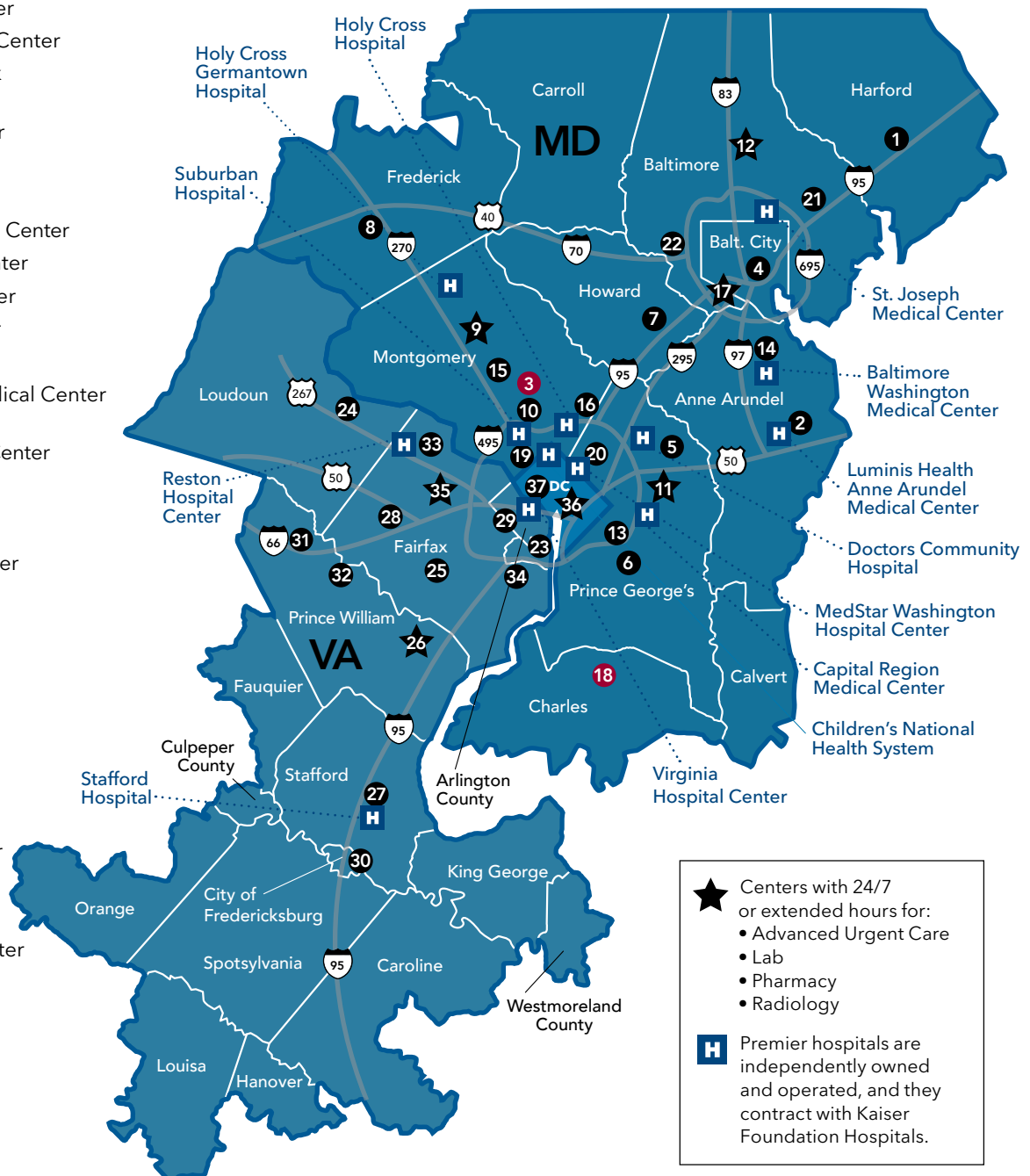
Virginia

- 23 Alexandria Medical Center
- 24 Ashburn Medical Center
- 25 Burke Medical Center
- 26 Caton Hill Medical Center
- 27 Colonial Forge Medical Center
- 28 Fair Oaks Medical Center
- 29 Falls Church Medical Center
- 30 Fredericksburg Medical Center
- 31 Haymarket Crossroads Medical Center
- 32 Manassas Medical Center

- 33 Reston Medical Center
- 34 Springfield Medical Center
- 35 Tysons Corner Medical Center

Washington, DC

- 36 Kaiser Permanente Capitol Hill Medical Center
- 37 Northwest DC Medical Office Building



For the most current listing of available facilities and services, please visit kp.org/facilities.

Kaiser Permanente's service area in Fauquier County includes the following ZIP codes: 20115, 20116, 20117, 20119, 20128, 20137, 20138, 20139, 20140, 20144, 20181, 20184, 20185, 20186, 20187, 20188, 20198, 22406, 22556, 22639, 22642, 22643, 22720, 22728, and 22739.

Explore your microsite—it's just a click away



Visit myhealth.kp.org/maryland today to find all this and more:

- Discover what makes us different and how we put YOU at the center of your care.
- Explore your benefits and conveniently download plan documents.
- Find a Kaiser Permanente location near your home or work.
- Learn about our top-rated care and award-winning doctors.^{1,2}
- See how easy it is to join Kaiser Permanente.

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