

**Nurse support and more,
for you and baby, all at
the touch of your finger.**

With the UnitedHealthcare Healthy Pregnancy® app, you get access to resources to help you manage the health of you and your baby throughout your pregnancy.



24/7 nurse support

One-click connection to a live nurse – anytime, day or night.



Medically approved pregnancy information

Check symptoms, learn what to expect during labor or your next doctor visit, and more.



Tracking tools and resources

Built-in weight tracker, baby kick counter and reminders, plus access to your pregnancy benefits, cost estimator tools and more.



Download the app to take your first step to a healthier pregnancy.



Apple and App Store are registered trademarks of Apple, Inc. Google Play is a trademark of Google, Inc.

Registration is required to access the UnitedHealthcare Healthy Pregnancy app.

This service should not be used for emergency or urgent care needs. In an emergency, call 911 or go to the nearest emergency room. The information provided through this service is for your information only. It is provided as part of your health plan. Program nurses and other representatives cannot diagnose problems or suggest treatment. This program is not a substitute for your doctor's care. Please discuss with your doctor how the information provided is right for you. Your health information is kept confidential in accordance with the law. This is not an insurance program and may be discontinued at any time.

Insurance coverage provided by or through UnitedHealthcare Insurance Company or its affiliates. Administrative services provided by United HealthCare Services, Inc. or their affiliates.

[Facebook.com/UnitedHealthcare](https://www.facebook.com/UnitedHealthcare) [Twitter.com/UHC](https://twitter.com/UHC) [Instagram.com/UnitedHealthcare](https://www.instagram.com/UnitedHealthcare) [YouTube.com/UnitedHealthcare](https://www.youtube.com/UnitedHealthcare)

B2C 9787430.0 9/19 ©2019 United HealthCare Services, Inc. 19-13700